



CIVIL SERVICE CLUB

SINGAPORE DUATHLON

RUN IT.
BIKE IT.
DU IT.

STANDARD DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

Paul Mok

10KM RUN 00:50:34

TOTAL TIME 02:42:28

36KM BIKE 01:12:45

CATEGORY POSITION 38/125

5KM RUN 00:32:11

OVERALL RANK 154/469

MetaSport



www.singaporeduathlon.com