



CIVIL SERVICE CLUB

SINGAPORE
DUATHLON

RUN IT.
BIKE IT.
DU IT.

STANDARD DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

Lau Sing Khong

10KM RUN 01:11:05

TOTAL TIME 03:22:11

36KM BIKE 01:14:20

CATEGORY POSITION 18/26

5KM RUN 00:49:54

OVERALL RANK 380/469

MetaSport



www.singaporeduathlon.com