



CIVIL SERVICE CLUB

SINGAPORE DUATHLON

RUN IT.
BIKE IT.
DU IT.

STANDARD DISTANCE

19 NOVEMBER 2016

CONGRATULATIONS TO:

Ryan Poon

10KM RUN 00:51:10

TOTAL TIME 02:57:55

36KM BIKE 01:26:15

CATEGORY POSITION 25/42

5KM RUN 00:35:08

OVERALL RANK 251/469

MetaSport



www.singaporeduathlon.com