



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Zhen Hong Ho

3km Run Time: 00:11:45

Total Time: 01:03:02

18km Bike Time: 00:36:13

Category Position: 8 of 18

3km Run Time: 00:12:41

Overall Rank: 132 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasp rintseries.com