



10 March 2019  
F1 VILLAGE

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES DUATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

**Philip Rydhard**

3km Run Time: \_\_\_\_\_

Total Time: \_\_\_\_\_

18km Bike Time: \_\_\_\_\_

Category Position: of 88

3km Run Time: \_\_\_\_\_

Overall Rank: of 706

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

  
**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)