



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

James Ong

3km Run Time: 00:16:55

Total Time: 01:37:56

18km Bike Time: 00:55:26

Category Position: 28 of 28

3km Run Time: 00:17:05

Overall Rank: 671 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com