



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Hans Kost

3km Run Time: 00:14:08

Total Time: 01:09:54

18km Bike Time: 00:35:27

Category Position: 7 of 28

3km Run Time: 00:15:30

Overall Rank: 284 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasp rintseries.com