



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jo Friedmann

3km Run Time: 00:10:05

Total Time: 00:52:07

18km Bike Time: 00:28:57

Category Position: 2 of 36

3km Run Time: 00:10:56

Overall Rank: 10 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com