



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Loy Mun Ho

3km Run Time: 00:10:36

Total Time: 00:54:34

18km Bike Time: 00:30:19

Category Position: 3 of 18

3km Run Time: 00:11:38

Overall Rank: 28 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com