



17 FEBRUARY 2019
PALAWAN BEACH, SENTOSA

METASPRINT SERIES SINGAPORE



METASPRINT SERIES AQUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Paul Lansdowne

Swim 750m Split Time: 00:16:55

Total Time: 00:45:01

Transition Time: 00:01:33

Category Position: 45/111

Run 5km Split Time: 00:26:32

Overall Rank: 283/895

METASPORT

GEMS
World Academy
(Singapore)



PURE
SPORTS NUTRITION



CORE
COLLECTIVE
BY AURUM

A FUN way to be a TRIATHLETE

www.metasprintseries.com