



17 FEBRUARY 2019  
PALAWAN BEACH, SENTOSA

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES AQUATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Harold Seah

Swim 750m Split Time: 00:15:50

Total Time: 00:41:44

Transition Time: 00:01:28

Category Position: 29/111

Run 5km Split Time: 00:24:24

Overall Rank: 173/895

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**PURE**  
SPORTS NUTRITION



**CORE**  
COLLECTIVE  
BY AURUM

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)