

**Indofood**  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3** BINTAN  
INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER** **Paul YOUNG**

SWIM

BIKE

RUN

OVERALL

AGE GROUP

45-49

AGE GROUP RANKING

/137

**OVERALL RANKING**

/789



**METASPORT**

**Indofood**  
THE SYMBOL OF QUALITY FOODS

wonderful  
indonesia

**BINTAN  
RESORTS**  
Escape · Unwind · Discover

**bintan**  
Breathtaking Journey