

FINISHERS

CONGRATULATIONS TO

Ian Nokes

OLYMPIC DISTANCE

SWIM 1.5 KM

SPLIT TIME : 00:29:31

TRANSITION TIME : 00:01:05

BIKE 40 KM

SPLIT TIME : 01:09:49

TRANSITION TIME : 00:01:05

RUN 10 KM

SPLIT TIME : 00:58:12

TOTAL TIME

02:39:45

CATEGORY POSITION

7/42

OVERALL RANK

73/447



**BINTAN
TRIATHLON**

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